



# Tallangatta Secondary College Newsletter

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*Big Enough To Deliver, Small Enough To Care.*

Our Values - Respect, Empathy, Attitude and Learning (REAL)

## Coming Events

Wed 8th Aug	Yr11 Fit 2 Drive Workshop	Mon 13th Aug	Yr 9 Lovebites Program (All day)
Fri 10th Aug	Cross Country Skiing Falls Creek	Mon 13th Aug	Yr 10 Work Experience (All week)

## Principal's Report

### Parent Opinion Survey

Thank you to the families who have completed their 'parent opinion survey'. Your opinion is important to us and will be used to inform and direct our future planning and improvement. A high response rate is critical for the validity of our data. The link to the survey has been emailed through compass and closes Sunday 26th August.

### GPA and SLC

The fifth cycle of GPA reports will be published on compass this Friday 17th of August. Student Led Conferences will take place Wednesday 22nd August from 4-7pm. Bookings can be made on compass.

### Professional Learning Day for all staff (student free)

The third student free day for this year will be held on Friday 24th August.

Staff will participate in Cultural Understanding and Safety Training (CUST) This training is a key commitment to Marrung: Aboriginal Education Plan, Victoria's 10 year plan to support improved outcomes for Koorie learners across Early Childhood, Schools, Skills and Training and Higher Education. The purpose of the training is to increase understanding of Koorie culture, history and experience to ensure a strong foundation for culturally inclusive practices. All schools are required to complete this training in 2018/2019.

In the afternoon, we will complete our Anaphylaxis training requirements.

### Mr Scott Anderson - Internship

Next week Mr Scott Anderson begins 5 week internship at McClelland College. We wish him all the best and am confident that the staff stepping into higher roles will do well in his absence.

Acting Assistant Principal – Mrs Sharon Allsop

Acting Middle Years Leading Teacher – Mr Callum Turner

Acting Year 9 Coordinator – Ms Blair Duncan

*Richelle Moyle, Principal*

## Assistant Principal's Report

### Internship

Next week I will begin my internship at McClelland College in Melbourne. I will be in Melbourne from 6th August to 12 September (Week 4 to 8) and while I am away, Sharon Allsop will be taking over the Assistant Principal position. I would also like to thank Cal Turner who will be taking over the Middle Years Leader position and Blair Duncan who will be taking over the Year 9 Coordinator position while Sharon is in my office. Michael Rooney will be taking my Maths class while I am away.

### REAL Home Groups

The program for week 4 is as follows:

Monday – SWPBS Session

Tuesday – Resilience

Wednesday – Bullying Session

Thursday – Bullying Session

Friday – Team Building

*"Your best teacher is your last mistake." – Ralph Nader*

*Scott Anderson, Assistant Principal*

## Later Years News

### Year 12

A presentation to explain the VTAC (university entry) application process will be held at lunchtime on Monday, 13th August. Students will then be able to attend lunchtime sessions for further assistance. A parent information evening will be held on Wednesday, 15th August, commencing at 6.00 at the college. Students also have the opportunity to attend a number of career presentations over the next few weeks and are encouraged to attend university open days. Please see compass for further information.

### Year 11

Students are encouraged to attend the university open

days over a number of weekends in August. Further information is on Compass or see Ms Veleekoop for assistance. Members of the Later Years team will be meeting with students over the next few weeks to discuss subjects for 2019. Parents are encouraged to contact Mr Williamson, Mrs McKenzie or the Real Homegroup Mentor for assistance.

### **Year 10**

Students have been organising their work experience through their Future Pathways program. There are still a number of students who aren't organised and we encourage parents and students to talk to the Future Pathways teacher or members of the Later Years team to provide assistance to get this organised. Unless there has been a discussion with Mr Neville, ALL Year 10 students are expected to undertake the week of work experience. Students have also been working on preparation for their course selection for 2019. We encourage parents to begin this discussion with their child.

All parents and students are strongly encouraged to attend a meeting with their REAL Homegroup mentor on Wednesday, 22nd August to discuss their child's course selection. This is a very important process and it is vital that parents are involved in the discussion that occurs in relation to the choices that are made.

## **Careers Information**

### **Open Days**

- See the flyer on the SSC door for dates for TAFE, Universities and Private Colleges.
- Deakin Uni - are offering travel reimbursements of \$50 to attend the open day, and on-campus accommodation at Warrnambool and Geelong Waterfront campus's. To find out more and register, visit [deakin.edu.au/openday](http://deakin.edu.au/openday)

### **Lunchtime Careers Talks**

- Charles Sturt University- August 7th
- Australian Defence Force- August 10th

### **Jobs Available**

- Goulburn Murray apprenticeship vacancy list
- ATEL apprenticeships and traineeships

### **Course applications**

The Victorian Tertiary Admissions Centre (VTAC) processes course applications on behalf of tertiary institutions, [www.vtac.edu.au/](http://www.vtac.edu.au/) From Monday 6 August, you will be able to:

- Register for a VTAC account (timely applications close 27 September).
- Apply for up to 8 courses (these can be changed later by certain dates).
- Complete a Special Entry Access Scheme (SEAS) application (by 12 October).
- Apply for access and equity scholarships (by 12 October).

### **Young Endeavour**

If you are interested in applying and are between the age of 16-23 follow the link [www.youngendeavour.gov.au](http://www.youngendeavour.gov.au) to apply. The program is an 11 day voyage where you take the helm, handle lines on the deck, cook in the galley and navigate using the ship's charts. Voyage fees and conditions apply.

Interested in working in theatre, film or television?

National Institute of Dramatic Art (NIDA) applications are now open. NIDA offers undergraduate courses in Acting, Costume Design, Design for Performance, Technical Theatre, Properties and Objects, and Staging. For information, go to [www.nida.edu.au](http://www.nida.edu.au)

### **Interested in studying law in the future?**

Swinburne University Law School has a partnership with the Leo Cussen Centre for Law. Bachelor of Laws (LLB) students at Swinburne will have a direct and integrated pathway to the Leo Cussen Graduate Diploma of Legal Practice in the final year of the Bachelor degree. Swinburne is the only Victorian law school to offer this option. Students will be able to be admitted to legal practice on the day they graduate, saving months on further graduate study. For information, go to <https://bit.ly/2LLtVvL>

### **Passionate about Information Technology?**

Watch the presentations from 'The Big Day In' ICT careers day at University of Technology Sydney online. You can watch presentations from Microsoft, TechnologyOne, WiseTech Global, Animal Logic, Westpac Group, Adobe, SMB Consultants and Australian Government Digital Transformation Agency, <https://bit.ly/2KJgTiL>

## **Middle Years Report**

### **Year 9 Camp**

A reminder to the parents of Year 9 students that permission forms for the camp are up on Compass (including the overnight form). However if required the office are still able to accommodate requests for hard copy forms. Please don't hesitate to contact Sharon Allsop or Blair Duncan in the Middle Years Office if you have any questions regarding details of the camp.

### **Youth Albury Wodonga Wilderness Camp**

Youth Albury Wodonga are seeking nominations from students in Year 9 and 10 to be apart of their outdoor adventure experience. This program is heavily subsidised by the organization, with students cost being \$200 only. As part of the adventure, students participate in a 12 day program involving hiking, mountain-bike riding, community service and abseiling. Nominations close on the 5th of August. Brochures with full details are

available at the Middle Years Office.

### **Year 9 Love Bites Program**

The school has tentatively booked the Love Bites Program for our Year 9's on Monday the 13th of August. Love Bites is a full day workshop about Respectful Relationships, providing students with information and education to assist in recognition and prevention of unequal, abusive or potentially violent relationships. It has been produced by NAPCAN and facilitated to students throughout Australia. It aims to increase student awareness and ability to discuss the strengths and challenges of navigating relationships in a safe environment. We hope that students will become critical thinkers and to enable them to make choices about their own relationships that free from abuse or violence. If you have any questions in regards to the program then please feel free to contact Sharon Allsop.

### **Health Tips from Leah - TSC Nurse**

#### **How to help a young person experiencing a mental health crisis...**

To understand what may be some of the causes of a crisis situation we must firstly explore what things are important to our young people, as this knowledge can help us to recognise when we may need to intervene.

**Relationships:** Are very important, not just those that young people have with their peers, but those relationships they have with their partner (intimate relationships), as well as the relationships with their families. A large contributor to young people's stress is a breakdown in any of these relationships, and a great contributor to increased stress is any type of familial conflict.

How they are coping in areas such as: School or study commitments, as well as young people are concerns regarding financial security. Again, if there is increased stress in these areas of a young person's life they are more at risk of mental health breakdown.

**Identity:** Young people are concerned and experience stress related to their identity in areas such as; body image, sexuality and increased pressures to conform to the norm of others. If young people struggle with their identity in any of these areas, it is thought that they are more at risk of a mental health crisis.

If there is any recent incident involving any of these subcategories, this is a time that a young person may need increased support- we refer to these stressors as increased risk factors which could place a young person in a higher category of risk of harm.

What might you notice prior to a mental health breakdown for a young person?

You may notice a lot of increased stress (or they may tell you about the stress they are experiencing), increase in amount of time they are upset or down, truancy (slang; wagging from school), social withdrawal and

loss of interest (withdrawing from activities and social situations that were once loved), lack of/increased self-care (sometimes for young girls it can be increased use of make-up, time getting ready), self-harm (not only the usual methods but also increased risky behaviours), sleep problems (not sleeping / taking longer to get to sleep / sleeping too much), changes in appetite/weight, changes in friendship groups, increased physical illnesses, acting out/irritability; changes in mood, decreased concentration (or daydreaming), avoidance\*\*

\*\* Please note these are just examples of some of the signs and symptoms and may not be entire, nor may they lead to a mental health crisis- it is important to understand the whole picture of what is happening for a young person in order to understand which support is best for them at the time.

Source: <https://www.youtube.com/watch?v=U4GueQLQ00&feature=youtu.be>

### **Student Led Conferences**

#### **Bookings Now Open**

Parents/Guardians are invited to make bookings with their child's classroom teachers for SLCs on Wednesday 22nd August. Conference times are available from 4:00pm to 7:00pm. This is a valuable opportunity for parents / guardians to hear about their child's learning and progress.

All parents / guardians of students in Years 9 and 10 are requested to attend an interview with their child and REAL Mentor to discuss subject selections for 2019. This is an opportunity for mentors, parents / guardians and students to discuss together future pathways.

### **Totally Sustainable Tallangatta**

#### ***Tallangatta Community Energy Forum by Totally Sustainable Tallangatta and the Community Energy Network***

Community energy gives local towns and regions power over how they generate and consume electricity. Locally generated renewable energy will create local jobs, cleaner energy and allow the community to control where their energy comes from.

Renewable energy is changing the way we consume electricity. We are no longer reliant entirely on power from the big energy generators. As renewable energy keep getting cheaper we need to make sure communities benefit from this new form of energy. That includes initiatives that ensure everyone has access to clean energy. Come find out how community energy can benefit Wodonga and our region. Three great speakers who are leaders in this field will outline what community energy is and how we can benefit from it.

Sunday 5 August 2018 2:00 pm – 3:30 pm Tallangatta Integrated Community Centre



# L2P LEARNER DRIVER MENTOR PROGRAM



## LEARNER DRIVER INFORMATION

- L** Are you a Learner?
- L** Do you need help getting your 120 hours?
- L** Learners provided with UP TO 7 FREE PROFESSIONAL DRIVING LESSONS plus free access to a fully fueled vehicle with comprehensive insurance.
- L** All vehicles have a minimum 4 star ANCAP rating.

### TO BE ELIGIBLE LEARNERS MUST:

- Have a Victorian Learner Permit
- Be aged 16-20 years of age
- Have limited access to a vehicle, supervising driver and finances for driving tuition

### INTERESTED IN APPLYING?

Visit [www.junction.org.au](http://www.junction.org.au) for more information OR Contact the L2P Coordinator at Junction Support Services Ph (02) 6043 7400 or email [reception@junction.org.au](mailto:reception@junction.org.au)

