

Big Enough To Deliver, Small Enough To Care.



BEFORE AND AFTER SCHOOL SUPERVISION

Staff supervision for students arriving before school is between 8.35am and 9.00am and for students after school between 3.20pm and 3.45pm.

At Tallangatta Secondary College, students are encouraged not to bring a mobile phone to school unless there is a compelling reason to do so. Students who choose to bring a mobile phone to school must have them switched off and securely stored during school hours.

Our Values - Respect, Empathy, Attitude and Learning (REAL)

Coming Events

Other Key Dates

Wednesday 17th June School Council
Friday 26th June Term 2 concludes 2.30pm finish

Monday 13th July Term 3 commences

Reporting Key Dates

Friday 26th June Semester 1 Reports published 4pm

Principal's Report

I would like to thank the school community for the successful stage 2 transition to face to face teaching. Thank you to parents / carers for supporting your children with this transition and ensuring the guidelines were communicated. Students arrived on Tuesday morning with a positive mindset, in uniform and ready to learn.

Thank you to our students for being ready to learn and respecting the guidelines, in particular regular hand hygiene and using their own drink bottle.

I would also like to thank staff for their professionalism and efforts to welcome back all students to the College and ensuing ever student progresses with their learning every day.

As always, please contact the College if you have any questions regarding stage 2 transition to face to face teaching.

Richelle Moyle
Principal

Assistant Principal's Report

It was pleasing having our Year 7 – 12 students back on site. All students have transitioned well back into school routine.

Reporting

Due to COVID 19 we have modified the reporting cycle. There will be no GPA cycle 3 or 4 or Term 2 SLCs.

Semester 1 reports will be published 4pm Friday 26th June. Staff look forward to giving feedup, back and forward to students.

REAL Home group Week 9

Students have been working on course counselling and selection.

Winter Uniform

With the temperatures dropping and the start of winter, we wanted to inform families that our uniform shop on site is fully stocked. Please make an appointment with the office if you wish to purchase items.

Beanies \$12, Scarves \$10, Soft Shell Jackets \$75, Boys Trousers \$28 and Girls pants \$40.

Assistant Principal
Jocelyn Ziebell



Later & Middle Years News

It is great to see our students return to face to face teaching in full school uniform.

Wearing our school uniform:

- Promotes equality amongst all students
- Further develops a sense of pride, connectedness and identification with our school
- Provides durable clothing that is cost effective and practical for our school environment
- Maintains and enhances the positive image of the school in the community

With the colder weather, we have extensive optional outerwear for additional warmth.

- Blue College beanie
- Blue Collage scarf
- Soft shell winter jacket
- Students may wear a long sleeved white collarless T-Shirt under their uniform shirt.

A reminder that all students are expected to wear the prescribed School Uniform while attending school and taking part in functions which are part of the school program (excursions, sports trips, etc.) and that the following items are not permitted.

- Hooded jumpers under uniform
- Hats/ beanies inside
- Tracksuit pants / Sport shorts are not deemed part of the daily school uniform.

The events are: All levels of Australian Rules (Primary, Year 7, 8, Intermediate)

> All levels of Hockey (Primary, Year 7, 8, Intermediate)

> Football (Soccer) Year 7, 8, Intermediate

> All Senior Team Sports

Unfortunately, we are still waiting on direction from SSV in regards to what will run and what will be cancelled for all other events. We will endeavour to provide updates as soon as they come to hand.

Meanwhile, if you are keen to keep up your fitness that you have built up over remote learning the SSV virtual cross country is something that you may wish to get involved in. Please see the details below.



School Sport Victoria Virtual Cross Country

The Virtual Cross Country has had an overwhelming response in the short time since it has been launched. The #SSVVXC is easy to take part in. Students of any age and any ability are encouraged to mark out a course near their home and run or walk the distance.

We have seen over **10,918 kilometres** covered, over **135 schools** involving **3563 individual entries**.

Students have submitted their performances and you can see them via [this album](#) on the [SSV Facebook page](#).

SPORT

Staff VS Student Volleyball



Congratulations to the Hume Students on winning the volleyball match against the Mitta staff last Friday! Winning one set each, it came down to a third and final set to decide the winner. After an epic showdown the students made it out on top winning 15 – 11. Thanks for everyone's participation.

SSV update regarding school sport

Currently SSV have decided that the following pathways will not happen to State level. As a school and as a region we will endeavour to provide opportunities in these sports within our PE programs, lunch programs and look for other alternatives to compete against other schools.

MUSIC

What a term we have had so far, we done to all the musicians (and parents!) for their patience and persistence with online learning- you have done so well! As we all return to school next week, students are reminded:

1. Check your music lesson and rehearsal time- times are on Compass!
2. Music rehearsals will slowly start back (bands etc)- we ask for patience.
3. Come down and visit the PAC and say hello!

We hope to have things back to normal as soon as possible so that your music journey can continue progressing! Please be patient. In the meantime, keep up your music practice, jamming and playing- we look forward to seeing you all very soon!

In gratitude, kindness, good health and great music,

Rhys McKee, Music program coordinator

Health Tips

Cyberbullying, its impacts and what you can do about it

Cyberbullying is bullying that's done through the use of technology, for example the internet or mobile phone.

Unfortunately, cyberbullying is not uncommon. Up to one

Tallangatta Secondary College is committed to the safety and wellbeing of all children and young people.

This is the primary focus of our care and decision making. Tallangatta Secondary College has zero tolerance for child abuse.

in five young Australians have reported being cyberbullied. Only 55% sought help from their parents, 28% sought help from their friends and 38% blocked the offender from their account.

Cyber-bullying comes in many forms, but the most common are:

- Receiving hurtful or threatening text messages
- Receiving hurtful or threatening messages through social media sites
- People sending videos and photos of you without permission to try and embarrass or hurt you
- Spreading rumours or lies about you via social networking sites or texting
- Excluding you from chat groups to stop you from communicating with others
- People setting up a fake profile pretending to be you
- People stealing your passwords and changing information, posting messages or status updates from your accounts

Cyber-bullying can be really hard to deal with for a number of reasons. A lot of people can view or take part in it, and content can be shared quickly with a mass of people. It is often done in secret with the bully hiding behind anonymous messages or fake profiles, making it difficult to track and report them. Information can be hard to remove because being shared online means that it can reach many places. If someone uses technology often, it can be really hard to escape.

There are vast negative effects of cyberbullying, such as but not limited to:

- Feeling guilty, like it's your fault
- Hopeless and stuck like there is nothing you can do about it
- Embarrassed, like you don't fit in
- Depressed and rejected
- Unsafe and afraid to go to school or different social events
- Stressed out, and wondering why this has happened to you.

If you are being cyberbullied, there are a number of things you can do about it. Information taken from ReachOUT.com states five helpful ways to manage a cyberbullying situation:

Strategy 1: Don't respond immediately – The aim of cyberbullying is to hurt, confuse or annoy someone, so the person will react emotionally. A good strategy for dealing with this is not to give them what they are looking for. Take some time to give yourself some emotional distance, and think carefully before you respond.

Strategy 2: Follow up when you're calmer - The idea at this stage is to get a proper feel for the situation before contacting the person who is cyberbullying you. Using calm, neutral language, try to work out the situation with the person without letting them get to you.

Strategy 3: Take screenshots - Screenshots are the best way for you to report an instance of cyberbullying. After all, the person who's cyberbullying you may delete their comment or photo when they realise that it might get them in trouble. Screenshots will ensure you always have a copy of what

was said.

Strategy 4: Try to stop frequently checking posts - It can feel like the person who is cyberbullying you is literally in the room with you, shouting things in your ear and demanding your attention. But it doesn't have to be that way. You can always limit your social media time to a few hours a day, or whatever feels right for you.

Strategy 5: Report and block, and tell someone about it: Most social media sites want to help you feel safe online. They don't want you to experience cyberbullying, either, so they have a lot of built-in tools to keep you safe. If you've exhausted the reporting and blocking options within your social media platform and things are still really bad, you can make a report to the eSafety Commissioner. Remember to talk to a safe adult as well.

For more information, visit reachout.com.au or <https://www.carlyryanfoundation.com/>

Take care,

Mahalia

Men's Health week 15th-21st June 'Working together for men's health'

Men's health week is your opportunity to make a positive difference in the lives of men and boys.

Males can empower their male buddies and families by speaking up and sharing their own health experiences. Improving men's health outcomes is a two-way process involving men, women and families, and health services combined.

It is important that males make use of health services to preventatively manage their health and find out before it is too late if problems exist.

Help enable each to improve men's health outcomes:

- Be active in getting medical help if you don't feel well, have a problem that won't go away or notice unusual symptoms.
- It's OK to seek help - don't try to do everything on your own or bury problems. Talk about your worries
- Push hard to get the help you need to manage your life, work, family and financial needs.
- Females can also be proactive in helping your men and boys get the help they and you need. Use available hotlines, speak with professionals to get the best course of action and be persistent.
- Don't leave it too late to seek help. Fear is not a killer.

It's important for guys to own their health and take preventive measures, such as routine exercising, minimising risk taking behaviours and making adjustments that promote a healthy lifestyle.

Men's Health Week celebrates the strengths of men, the contributions they make and the important role they play in society. It is as much as a week of celebration and engagement of men with a serving of health on the side!

This year check out <https://www.menshealthweek.org.au/> to see what free virtual event you can join in on.

Leah, Tallangatta Secondary School Nurse



Wednesday 10 June 2020

Upcoming virtual events

VCE & Beyond - Virtual Careers Expo

Students and their families will be able to:

Connect with Universities

- Visit virtual booths from over 80 University and Higher Education providers!
- Ask live questions or book a video chat with student advisors
- Early admission information, scholarship applications and other relevant topics

Connect with VCE Experts

- Pick and choose daily webinars
- Specific career strategies for success
- Dealing with stress, maintaining motivation
- Parent-specific tips to support your child

When: 10 – 14 June, 2020

Information and RSVP: <https://bit.ly/2XMrz5r>

Note: the HSC and Beyond Expo will be running 24 - 28 June, <https://bit.ly/3fnHPQG>

Western Victorian Careers Expo

This event will be run online and there is a huge range of exhibitors that students and families can connect with. Whilst this event is targeted to students in Western Victoria, all prospective students are welcome to participate.

Date: Tuesday 23 June, 9.30am – 4.30pm.

Information and RSVP: <https://bit.ly/3fuUdhr>

The University of Melbourne – Meet Melbourne Live

The University of Melbourne recently ran a series of webinars for prospective students. If you missed the previous information sessions for the course areas below, you can watch recordings.

- Agriculture & Food Science
- Health
- Law
- Architecture, Building, Planning & Design
- Science
- Engineering
- Visual & Performing Arts
- Music
- Education
- Veterinary Medicine
- Commerce
- IT & Computer Science

You can watch the webinars by visiting

<http://bit.ly/2TJWmx4>

Monash University - Inside Monash Seminars

Monash University is running the following online information sessions for prospective students in June:

11	Law
11	The Monash Science Experience

Information and RSVP - <https://bit.ly/2KZunV9>

Monash are also hosting an online information evening for prospective students and their families on Tuesday 16 June.

Register via <https://bit.ly/39GmmOQ>

Academy of Information Technology (AIT) – Virtual Open Day

AIT campuses are located in Melbourne and Sydney. The institute offers diploma and degree courses in:

Mobile App Design	Games Programming
Game Design	Information Technology
Interactive Media	Film
2D Animation	3D Design
Digital Design	Interior Design

The institute is running a virtual open day for prospective families.

Date: Wednesday 10 June, 5pm – 7pm

Information and RSVP, <https://bit.ly/2We7WIK>

Discover Deakin Seminars

Deakin University is running the following online information sessions for prospective students in June:

10	Creative Arts
11	Business Analytics
12	Artificial Intelligence
15	Architecture & Construction Management
16	Forensic Science
17	Law
17	Engineering
18	Sport Development & Management
22	Software Engineering
23	Biomedical Science
25	Environment

Information and RSVP - <https://bit.ly/2YIZXi5>

Upcoming virtual events

Australian Catholic University – Talk with Industry series

Australian Catholic University is running the following online sessions for prospective students:

17 June: Talk with occupational therapists and speech pathologists

2 July: Talk with exercise scientists and physiotherapists

Information and RSVP - <https://bit.ly/2XwbkYr>



Collarts – Webinar Series

Collarts is running the following online webinars for prospective students:

June

29	Interior Design
30	Fashion & Sustainability
30	Fashion Marketing

July

1	Animation & VFX
1	Digital & Social Media
7	Dramatic Arts (Comedy)
7	Screen & Media
8	Music Performance
8	Music Production
9	Audio Engineering
10	Entertainment Management
10	Entertainment Journalism

Information and RSVP - <https://bit.ly/2KBApv2>

Swinburne University – Mid-Year Web Sessions

Swinburne University is running the following online web sessions in June:

15	Recession proof careers
16	Tech and pandemics
17	Redesigning Melbourne (Architecture, Urban Design, Engineering etc.)
18	Help with TAFE and university fees

Information and RSVP - <https://bit.ly/2XgiQaW>

Federation University – Your Fed Future



Federation University is running the following online information sessions for prospective students in June:

11	Study teaching and education
12	Criminal justice & criminology
15	Study business
17	Study social work
22	Study engineering

Information and RSVP - <https://bit.ly/2WfWfLo>

Access recordings of previous webinars on careers, pathways, scholarships and visual arts etc., at <https://bit.ly/3bKOIsq>

RMIT University – Discover What's Next series

RMIT University is running the following online sessions for prospective students:

June

11	Art, Design & Architecture
18	Communications, Journalism & Media
23	Business & Law
25	Engineering
30	Flight Training & Aviation

July

2	Science
9	Computer Science & Information Technology
16	Fashion
23	Health & Biomedical Sciences
28	Education & Social Sciences
30	Building & Construction

Information and RSVP - <https://bit.ly/2M0UGeg>

UCAT ANZ preparation programs

MedEntry: You can view a free recording of the 2020 MedEntry UCAT bootcamp video at <https://bit.ly/3cLbrFR>

UCAT 2-week express challenge: UCAT Masterclass is running a 2-week express challenge. You can find information at <https://bit.ly/36NKEqr>

Monash Indigenous Winter Camp

The Indigenous Winter Camp aims to provide Aboriginal and/or Torres Strait Islander students from year 10-12 with an in-depth insight into university life, while focusing on team-building, meeting new people, culture, confidence building and health and well-being.

Monash is running a virtual three-part Winter Camp series in July. For information and to register, visit <https://bit.ly/3gHAlsx>

Webinars

Why Years 9 & 10 Matter: Pathways to Harvard, Oxford, and Beyond

Learn how to start paving your path to top US and UK unis in Year 9 and 10 through subject selection, extracurriculars and more. Hosted by Crimson Education Australia Country Manager and Harvard grad, Shori Hijikata.

When: Saturday 20 June

Information and RSVP: <https://bit.ly/3chLNYh>

How to become a pilot

Basair is running sessions for prospective students on how to become a pilot. The webinars will provide information on the courses offered at Basair, as well as answer questions about how to become a pilot (i.e., cost, study pathway).

When: 22 and 25 June 2020 (repeated)

Information and RSVP: <https://bit.ly/370jMUp>

Resources Engineering – Mining and Renewable Energy

Are you passionate about ensuring we will have the resources we need for our future industry and society?

Then Monash Resources Engineering, ranked in the top 10 worldwide for both Mining and Renewable Energy, could be for you (Academic Ranking of World Universities 2019).

Join Monash for an online presentation to learn more about this exciting field and its many career opportunities on Thursday 30 July from 5-6pm, <https://bit.ly/3cmoxlP>



Have you considered vocational education and training (VET)?

Have you considered pursuing vocational education after school?

Research shows that 4/5 parents would prefer their child to go to university after school over vocational education and that many young people and parents don't understand the benefits of vocational education and training (e.g., TAFE, apprenticeships, traineeships).

2017 Australian research suggests that:

- 9 out of the 10 top occupations predicted to have the most jobs growth are in vocational training areas.
- The median full-time income for a vocational education graduate is \$56,000 vs \$54,000 for someone with a bachelor degree.
- Nearly eight in 10 vocational education graduates have a job soon after training, vs about seven in 10 university graduates; and
- More than nine in 10 trade apprentices have jobs after finishing training.

You can read the research report at this link - <https://bit.ly/21OYzIR>



Kangan Institute Information Sessions

Kangan Institute offers vocational and higher education courses at campuses across Victoria such as Broadmeadows, Essendon, Moonee Ponds, Richmond and Docklands. The Institute has recently held digital information sessions for prospective students and recordings are available to watch.

Animal Studies Information Session: Includes courses in animal studies, companion animal services and veterinary nursing, <https://bit.ly/2MHR9Xd>

Automotive Studies Information Session: Includes courses in automotive and motorsport, <https://bit.ly/3h9sZOy>

Health Studies Information Session: Includes courses in allied health, pathology collection, individual support, and leisure and health, <https://bit.ly/37IX7CD>

Study security studies at university



Are you interested in humanities, politics, foreign affairs and law? Have you considered studying security studies? The following are examples of courses you can study:

Australia National University, Canberra

Bachelor of International Security Studies. Excellent double degrees include Asian Studies, European Studies, International Relations, Political Science, Laws (Honours), and Criminology. You can complete a Diploma of Languages on the side of the degree, <http://bit.ly/2mVTXgg>

University of Canberra

Bachelor of Arts majoring in National Security. Excellent second majors include Justice Studies; Management, Governance and Policy; Politics and International Relations; Law and Society; and Australian Politics and Public Policy. Excellent double degrees include Media and Public Affairs, and Laws, <http://bit.ly/2r9zabf>

Monash University, Clayton

Master of International Relations (specialising in Governance and Security or Political Violence and Counter Terrorism). You will need to complete a Bachelor degree first. Ideal courses are Criminal Justice, Law, International Relations, International Studies etc., <https://bit.ly/2R107LZ>

Business & Economics at Australia National University

ANU College of Business and Economics (CBE) offer a wide range of business, economics and commerce degrees and majors.

The College has developed downloadable webinars about their CBE programs. You can download the webinars at <https://bit.ly/3dOgm9x>

The College is also offering virtual one-on-one appointments with secondary students to provide them information, clarity and reassurance regarding their decision to study business and economics degrees at ANU.

You can book an appointment time at <https://bit.ly/2AOFJd1>

National Youth Science Forum (NYSF)

Are you in Year 11 and have a passion for all things science? You should consider applying for the NYSF.

This is a two-week residential program where students are immersed in hands-on science activities, lab experiments, field trips and meet researchers who are leaders in their field.

The two-week program will be held during January 2021. Applications close 14 June and must be endorsed by your local Rotary club. For more information and to apply, go to <http://bit.ly/2tltZV9>

Interested in working with people?

Would you like a career where you can help people, but are not sure which university degree to do?

Charles Sturt University has developed a free online taster course that will help you find the right path, so you can make a difference.

You can do the whole 20-hour course or navigate to the information most relevant to you. For information, visit <https://bit.ly/3dPH8yC>



Medicine at La Trobe University / The University of Melbourne

Exciting news for regional students!!!

La Trobe University and The University of Melbourne offer a Bachelor of Biomedical Science (Medical) / Doctor of Medicine pathway program.

For the 2021 intake, students will be able to apply for the Bachelor of Biomedical Science (Medical) via the Aspire Early Admissions Program.

Students who are accepted into the program and achieve an ATAR of at least 80 and meet subject prerequisites, will be guaranteed an interview.

Information on the course - <http://bit.ly/2VYOzgJ>
Information on Aspire - <http://bit.ly/2v9WOLN>
Webinar about the course, Thursday 11 June, 5.30pm – 6.30pm, <https://bit.ly/3f6tmHS>

Nursing at Charles Sturt University

Congratulations to Charles Sturt! This year marks the 40th anniversary of the University delivering nursing and midwifery courses to regional students. Hear from some of their passionate graduates who have hit the ground running as job-ready professionals, <https://bit.ly/2AkPuiW>



Agriculture Scholarship

The **Upskill and Invest – Young Farmers Scholarship** is an opportunity to invest in young farmers and expand their skills, knowledge and agricultural expertise through the latest program backed by the Victorian Government.

The scholarship program is designed to be flexible, to fit with the current needs of young farmers and farm workers.

Up to \$10,000 is available per scholarship:

- Up to \$5,000 towards study
- Up to \$5,000 to invest in putting new skill into practice, with professional development, business planning or other on-farm activities

TAFE organisations such as Kangan Institute offer Agricultural courses that align with the scholarship, <https://bit.ly/3hcTUJI>

Applications are due by Sunday 14 June. Information on the scholarship and eligibility criteria - <https://bit.ly/2AhxGp4>

Wildlife Conservation

Passionate about wildlife conservation?

You may like to explore the following courses as examples of what you can study at university:

La Trobe University

Bachelor of Science (Wildlife and Conservation Biology), <http://bit.ly/242qe30>

Deakin University

Bachelor of Environmental Science (Wildlife and Conservation Biology), <http://bit.ly/2dzOt9e>

For other vocational and higher education courses, search the Good Universities Guide, <http://bit.ly/1N6a3PK>

Australian Defence Force - Gap Year Program

The Australian Defence Force Gap Year program provides an opportunity for young Australians who have finished Year 12 to experience military training and lifestyle whilst gaining new skills and pay over their Gap Year in the Army, Navy or Air Force.

You will earn more than \$45,000, have subsidised accommodation and full medical and dental coverage. The following roles still have spaces for applicants:

Army

- Warehouse Coordinator

Air Force (applications close in June)

- Administration Assistant
- Airbase Protection & Security
- Airfield Defence Guard
- Aviation Support Technician

Navy (applications close 31 July)

- Electronics Engineer
- Electronics Engineering Submariner
- Helicopter Pilot
- Marine Engineer
- Marine Engineer Submariner
- Maritime Aviation Warfare Officer
- Maritime Logistics Officer
- Maritime Warfare Officer
- Maritime Warfare Officer Submariner
- Sailor

For more information and to start your application, go to <http://bit.ly/1dVvxxV>



Careers in Economics

Why study economics? Careers With STEM hit up a team from the country's biggest employer of economists – The Reserve Bank of Australia – and asked them how they landed their roles, what they studied at high school and why their current gigs are so awesome - <https://bit.ly/2AlhDqj>

What careers are there in economics? Careers With STEM and The Reserve Bank of Australia have developed a free 8-page careers e-magazine just for you! Download it at <https://bit.ly/3h8AIC7>

University early entry programs (Yr 12)

The following are examples of early admission programs that are now open for the 2021 intake:

VICTORIA

La Trobe University

Aspire Early Admissions Program
Applications close 31 August 2020
<http://bit.ly/2v9WOLN>

Victoria University

VU Guaranteed
Selected schools only
Applications close 9 October, 2020
<https://bit.ly/2Kw3ND6>

Coming soon!

Swinburne University

NEW SOUTH WALES

University of New England

Direct Early Entry Program
Applications close Friday 25 September, 2020
<https://bit.ly/39H4iVo>

TASMANIA

University of Tasmania

Schools Recommendation Program
Various dates for close of applications
<https://bit.ly/2WjlGKX>

MULTIPLE STATES

Australian Catholic University

Community Achievers Program
Various closing dates for each campus
<https://bit.ly/2KjeSqJ>

Australian Catholic University

Passion for Business
Passion for Law
<https://bit.ly/39y07e6>

Southern Cross University (program 1)

Transition to Uni
Various closing dates
<https://bit.ly/3eyFmTb>

Southern Cross University (program 2)

STAR Early Offer
Applications close in September
<https://bit.ly/2AADGZO>

