

Big Enough To Deliver, Small Enough To Care.



BEFORE AND AFTER SCHOOL SUPERVISION

Staff supervision for students arriving before school is between 8.35am and 9.00am and for students after school between 3.20pm and 3.45pm.

At Tallangatta Secondary College, students are encouraged not to bring a mobile phone to school unless there is a compelling reason to do so. Students who choose to bring a mobile phone to school must have them switched off and securely stored during school hours.

Our Values - Respect, Empathy, Attitude and Learning (REAL)

Coming Events

Other Key Dates

Wednesday 22nd July	School Council
Wednesday 19th August	School Council
Wednesday 9th September	Gat exam

Reporting Key Dates

Friday 14th August	GPA Cycle 5
Monday 17th August	Student Led Conferences 4 - 7pm

Principal's Report

Term 3 return

I take this opportunity to welcome you back to the new term after our mid-year break and trust that everyone had a relaxing holiday break.

As you would be aware, the Victorian Government has introduced new measures to reduce the spread of coronavirus (COVID-19) in metropolitan Melbourne and Mitchell Shire. These measures do not apply to schools in regional and rural Victoria, including ours.

A reminder if you, your child, or a family member develops symptoms of a fever, chills or sweats, cough, sore throat, shortness of breath, runny nose, loss of smell or taste, you should get tested at a coronavirus (COVID-19) testing facility and stay home. Contact the College immediately if your child has a confirmed case or has been in close contact with a confirmed case of COVID 19.

Returning staff from leave.

This week we welcomed back from leave Mrs Sue McKenzie and Ms Jo Irwin. Sue will return to the college as Later Years Leader and will oversee Year 10 and Careers and Pathways. Jo Irwin will return as our school counsellor and will be working at the college on Monday, Wednesday and Thursdays.

Semester 1 Reports

A reminder to all parents that Semester 1 reports were

made available on Compass on the last day of term 2. I urge all parents to read their child's reports and have a conversation with them about their achievements throughout the semester and possible areas for improvement.

Richelle Moyle
Principal

Assistant Principal's Report

Parent/Student Opinion Survey

TSC values parent, student and teacher feedback so we can improve practice and further enrich the quality of education for your child's education journey. We are awaiting DET to inform us of the start date due to COVID.

Schoolwide Positive Behaviour Support Program

Staff at TSC will continue to acknowledge positive behaviour throughout Term 3 & Engagement Leaders will also celebrate this in fortnightly assemblies. Staff are encourage to write positive chronicles and make positive phone calls or emails home to parents and guardians.

School Uniforms

We are encouraging families to utilise the uniform shop on site to organise winter uniforms. Throughout week one we have had a uniform blitz to address students out of uniform (pleasing to say there is very minimal students making poor choices). Thank you to families

for their support.

Wellbeing Breakfast – REAL

The college breakfast program is on hold due to COVID restrictions. Leah our school nurse is currently surveying students and families on the program.

Wellbeing

We welcome Jo Irwin back to the college. Jo will oversee Middle Years wellbeing and programs and Mahalia will continue with Later Years. Students can see their REAL mentor if they need support and referrals can be made.

Semester One

Thank you to students, parents, staff and school council for your contributions to our College over Semester One. A great deal was accomplished.

Term 3

I would like to welcome Sue McKenzie back to the college after leave. Sue will continue as the Later Years Leading Teacher and has obtained the Year 10 Student Engagement role and Careers and Pathway. Thank you to Shae Billingsley and Callum Turner for filling in Term 3.

I would like to welcome Harry McKimmie & Marilyn Dobe both pre-service teachers working with Mr Kennedy (PE, Health and OED) and Sue Carey (English). Congratulations to Cameron Graeber for being the successful applicant for the English position.

We also welcome Jackson Turner and Tristan Lambert (NEXUS program) who will be completing pre-service teacher rounds and supporting the classrooms for funded students.

Joce Ziebell

Assistant Principal

Later Years News

A big thank you to the members of the Later Years team, Callum, Shae, Jaclyn and Julieanne for their work during the very difficult Semester 1. I look forward to being back and working with our senior students for the remainder of the year. Our team for this Semester is Sue McKenzie - Later Year Leader, Year 10 Engagement Leader and Careers and Pathways, Callum Turner - Year 12 Engagement Leader, Shae Billingsley – Year 11 Engagement Leader and Julieanne Paton – Work Experience and VASS Administration.

VTAC applications open on 3rd August. We will be providing an information session at school for students to assist with this process and there will be information posted on line for parents. Parents and students will be able to arrange times to meet with LY staff from 3rd August to commence the application process.

It is unlikely that our Year 10 work experience program will run this term, but we will make the decision by the

end of this week and inform parents and students.

We have some students who continue to wear the incorrect uniform. These students will be issued with the correct uniform and the cost put on their school account. We ask for parent's assistance in ensuring that students wear the correct uniform.

We have had an excellent start to Unit 2&4 and look forward to this continuing. Our wellbeing team are organising some sessions to assist with stress management and we encourage students to take advantage of these.

Sue McKenzie

Middle Years News

Thanks for a great first week back at school. Students have settled really well, and we look forward to a much more 'normal' term 3. Please ensure all course change requests are submitted prior to Friday, week 1.

McKye Turner



"Without music, life would be a mistake"

— Friedrich Nietzsche.

Welcome back to all musicians to what is going to be a super exciting term three! I certainly hope that there was some practice done over the break! Many thanks to musicians, teachers, parents and community members for their support of our little music program over the year so far.

As we start to get back into school mode, a reminder that lessons and rehearsals will start back as normal, with lesson and rehearsal times similar to term two. If there are any concerns with times, just send an email through to Mr McKee!

Some other potential music events for term 3:

1. VCE music night in the PAC- end of term 3 date to be confirmed

2. Lunchtime house music competitions- details TBC.

Thank you to everyone for all your support, let's work hard this term, and remember to do heaps of practice!

In gratitude, kindness, good health and great music,

Rhys McKee

Music program coordinator

Food from the Canteen

The canteen will **ONLY** be open for lunch orders.

If you need to purchase food from the canteen, you **MUST** order before school or at Recess 1.

Tallangatta Secondary College is committed to the safety and wellbeing of all children and young people.

This is the primary focus of our care and decision making. Tallangatta Secondary College has zero tolerance for child abuse.



SPORT



MIXED NETBALL TOURNAMENT

The time has come! The TSC Netball Tournament will kick off towards the end of this week.

The competition will run with the Middle year's division playing on Thursdays and the Senior year's division playing on Fridays.

Two rounds will be played each lunch time with start times at 12:10pm and then 12:25pm. Each game will be 2 x 8 minutes halves.

The team that has a DUTY is still expected to come down to the courts and help with scoring and umpiring the teams that are playing.

Please make sure you bring your sports uniform to

change into and a pair of runners is a MUST to be able to play. We only have a short amount of time so please ensure that you and all of your teammates are ready to go!

Attached is the Teams list if you have forgotten what team you're on, and the fixture for the competition is also there. You will also be able to find a printed version of the fixture in the Canteen, SSC and Ormi.

See you all this Thursday and Friday ready to take on Round 1 and 2!

Jordyn Auel

Sport trainee

Senior Year's Comp – Fridays

Date/Time	Matchup	Location	Results
Round 1			
17 July 12:10pm	Team 2	V Team Staff	Outdoor Court 2 -
	Footwear	V Blinker Fluid 3.0	Outdoor Court 1 -
	Bunnings Snags	V The Hawks...and Atts	Ormi -
	Team 5	V DUTY	
Round 2			
17 July 12:25pm	Bunnings Snags	V Footwear	Ormi -
	The Hawks...and Atts	V Team Staff	Outdoor Court 1 -
	Team 5	V Blinker Fluid 3.0	Outdoor Court 2 -
	Team 2	V DUTY	
Round 3			
24 July 12:10pm	Team 2	V Bunnings Snags	Ormi -
	Team 5	V Footwear	Outdoor Court 2 -
	Blinker Fluid 3.0	V Team Staff	Outdoor Court 1 -
	The Hawks...and Atts	V DUTY	
Round 4			
24 July 12:25pm	Team 2	V The Hawks...and Atts	Ormi -
	Team 5	V Bunnings Snags	Outdoor Court 1 -
	Team Staff	V Footwear	Outdoor Court 2 -
	Blinker Fluid 3.0	V DUTY	
Round 5			
31 July 12:10pm	Team 2	V Blinker Fluid 3.0	Outdoor Court 2 -
	Team Staff	V Team 5	Outdoor Court 1 -
	Footwear	V The Hawks...and Atts	Ormi -
	Bunnings Snags	V DUTY	
Round 6			
31 July 12:25pm	Team 2	V Team 5	Ormi -
	Blinker Fluid 3.0	V The Hawks...and Atts	Outdoor Court 1 -
	Team Staff	V Bunnings Snags	Outdoor Court 2 -
	Footwear	V DUTY	
Round 7			
7 August 12:10pm	Team 2	V Footwear	Outdoor Court 1 -
	Bunnings Snags	V Blinker Fluid 3.0	Ormi -
	The Hawks...and Atts	V Team 5	Outdoor Court 2 -
	Team Staff	V DUTY	

Middle Year's Comp – Thursdays

Date/Time	Matchup	Location	Results	
Round 1				
16 July 12:10pm	Ben and Friends	V Bone Crushing Ballerinas	Outdoor Court 1	-
	Hotdogs	V Koala Bears	Outdoor Court 2	-
	Team 5	V DUTY		
Round 2				
16 July 12:25pm	Ben and Friends	V Hotdogs	Outdoor Court 2	-
	Team 5	V Bone Crushing Ballerinas	Outdoor Court 1	-
	Koala Bears	V DUTY		
Round 3				
23 July 12:10pm	Ben and Friends	V Koala Bears	Outdoor Court 1	-
	Team 5	V Hotdogs	Outdoor Court 2	-
	Bone Crushing Ballerinas	V DUTY		
Round 4				
23 July 12:25pm	Ben and Friends	V Team 5	Outdoor Court 1	-
	Bone Crushing Ballerinas	V Koala Bears	Outdoor Court 2	-
	Hotdogs	V DUTY		
Round 5				
30 July 12:10pm	Hotdogs	V Bone Crushing Ballerinas	Outdoor Court 1	-
	Koala Bears	V Team 5	Outdoor Court 2	-
	Ben and Friends	V DUTY		

Health Tips

National Diabetes Week runs from 12 July to 18 July 2020

Diabetes is a serious condition that inhibits your ability to produce the insulin that your body needs to convert glucose into energy. This means you end up with unhealthy levels of glucose in your blood, which can lead to health complications throughout life.

The two main types of diabetes are Type 1 and Type 2, and both are on the increase in Australia.

Type 2 diabetes is largely due to the growing obesity epidemic. Poor diet and reduced physical activity are putting an estimated 2 million Australians at risk of developing the condition.

If you want to learn more about Diabetes, go to <https://www.diabetesaustralia.com.au/>

What we can do, What to avoid-

‘Discretionary choices’ are called that because they are not an essential or necessary part of our dietary patterns. Discretionary foods are high in kilojoules, saturated fat, added sugars, added salt, or alcohol. If chosen they should be eaten only sometimes and in small amounts.

At times, especially throughout stressors as school and Covid 19 these “comfort” foods seem to be consumed more. However, this is something we can control to make a difference in the long term. Some examples of discretionary choices include: Sweet biscuits, cakes

and desserts, Processed meats and sausages, Ice-cream, confectionery and chocolate; Meat pies and other pastries, Commercial burgers, hot chips, and fried foods; Crisps and other fatty and/or salty snacks; Cream and butter ; Sugar, sweetened cordials, soft drinks and sports drinks.

What else can we do-at risk of developing diabetes?

Choose ‘everyday foods’ for home and school from the Five Food Groups; Save discretionary choices for special occasions; Provide a variety of types and colours of fresh vegetables and fruit that are in season; Eat mainly wholegrain cereal foods and breads; Drink plenty of water instead of sugary drinks like cordial, energy drinks, sports drinks, fruit drinks, vitamin waters and soft drink; Eat a healthy breakfast every day; Learn about how foods are grown and where they come from. • Try new foods and recipes; Turn off the tv and computer at mealtimes – make this family time. • Wash hands before eating or cooking. • Be physically active – play outside, walk the dog or run around at the local park.

Leah, Tallangatta Secondary School Nurse

**Sue Reid contact details
Susan.Reid@ths.vic.gov.au**