

Big Enough To Deliver, Small Enough To Care.



BEFORE AND AFTER SCHOOL SUPERVISION

Staff supervision for students arriving before school is between 8.45am and 9.00am and for students after school between 3.20pm and 3.45pm.

At Tallangatta Secondary College, students are encouraged not to bring a mobile phone to school unless there is a compelling reason to do so. Students who choose to bring a mobile phone to school must have them switched off and securely stored during school hours.

Our Values - Respect, Empathy, Attitude and Learning (REAL)

COMING EVENTS

Tues 12th Sep OM Term 3 Sports - Year 7 & 8
Thurs 14th Sep OM Term 3 Sports - Year 9 & 10
Fri 15th Sep Last Day of Term - Finish at 2:30pm
Fri 15th Sep Colour Run - Period 5
Fri 15th Sep GPA Cycle 6 Published @ 4pm

Mon 2nd Oct First day of Term 4
Mon 2nd to Wed 4th Oct Unit 3/4 Practice Exams
Thurs 5th Oct Silly Sock Day
Thurs 5th Oct Hume Athletics
Wed 11th Oct Bolga Fest

Principal's Report

VCE Expo



I would like to thank all parents for their support and attendance for this evening. The focus was on the key transition points within the Later Years of schooling. This evening is a critical part of our communication process with parents and students to ensure we are able to provide the highest quality education program, with the aim of meeting the pathway needs of individual students. Thank you to the Senior Years Team for their organisation and all staff for their attendance.



Special Persons Breakfast

Thank you to all the special people who attended the breakfast Monday morning. Thank you to our wellbeing team Leah and Renee for organising with the support of Jacinta and Wayne.



Green Bean Café

Thank you to all the visitors (parents and community members) who attended the Green Bean café last Thursday. Congratulations to all the students involved. The Green Bean Project is in partnership with School Focused Youth which we are greatly appreciative and proud to have their support.

Cycle 6 GPA Reporting

GPA reports will be available online from 4pm next Friday. This will be the last GPA report for our Year 12 students.

Richelle Moyle
Principal

Tallangatta Secondary College is committed to empowering all to become resilient and confident lifelong learners with a strong sense of self and community.

Assistant Principal's Report

R U OK? Day 2023 Thursday 14 September.

As a school we aim to raise awareness for the whole week of R U OK? Day.

R U OK? is calling on all of us to let the people you care about know you're here, to really hear them.

By taking the time for an R U OK? conversation and genuinely listening with an open mind, we can all help the people in our world feel supported and connected.

The wellbeing team have put together activity packs that will be used during REAL home group to raise awareness.

We also encourage you to check out the link below for additional information. This will enable parents and carers to have powerful conversations at home about mental health and wellbeing.

<https://www.ruok.org.au/join-r-u-ok-day>

R U OK day activities will commence in the library on the 7 & 14 September, raising awareness via social. Students will also be creating a short clip about "How to ask a friend if they are ok".



JOIN US IN THE LIBRARY
FOR LUNCHTIME
ACTIVITIES

**7 & 14
SEPTEMBER
2023**

Register your interest with
Sue at the Library

**R U
OK?
DAY**

RUOK?
A conversation could change a life.

Vaping Support

What are 10 facts about vaping?

- E-Cigarettes contain nicotine.
- Vapes contain other harmful chemicals.
- E-cigarettes are not safe just because they are a water vapor.
- Young adults are more likely to vape than smoke cigarettes.
- Vaping is addictive.
- Vaping causes heart and lung issues.

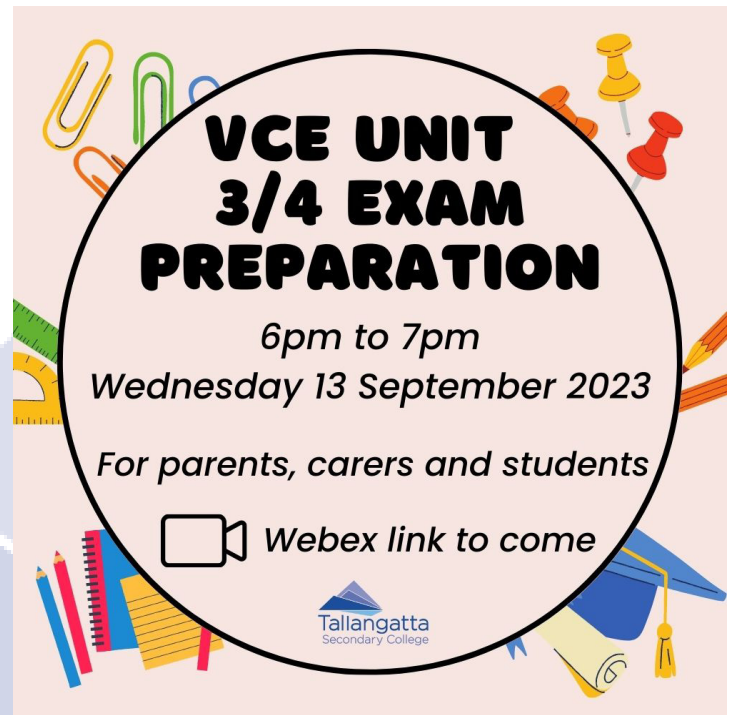
Please reach out to Leah our school nurse if you suspect

your child is vaping. Leah can assist you with educating your child with the harms associated with smoking or vaping. We encourage families to tap into Leah for addiction supports. Leah has a wealth of knowledge and resources.

Jocelyn Ziebell

Assistant Principal


Student Engagement News



**VCE UNIT
3/4 EXAM
PREPARATION**

6pm to 7pm
Wednesday 13 September 2023

For parents, carers and students

 Webex link to come

Tallangatta
Secondary College

Teaching and Learning Our Core Business!

At the end of Term 3, students naturally begin thinking about the transition to the next step in their education. At Engagement Assemblies, students often are grouped with different year levels where they can become familiar with announcements about the events of the year level above. Students should use this information to reflect on their choices for the year to come.

For example, Year 8 students can look ahead to Year 9 and the Careers and Pathways choices they will soon be making. Year 9 students will soon be deciding if they will apply to become Peer Support leaders or organising their Work Experience Placements for next year. Year 10 students are observing the rigors of VCE and VM and how Year 11s are preparing for exams next term or finishing their work completing outcomes. Year 11 students are seeing the Year 12s prepare for their practice exams and final exams or assessments for their schooling.

What this can mean, is that students are observing the learning behaviours that lead to success at the next level of education. Arguably, it is the smaller, day-to-day,

Tallangatta Secondary College is committed to the safety and wellbeing of all children and young people.

This is the primary focus of our care and decision making. Tallangatta Secondary College has zero tolerance for child abuse.

decisions we make in our education that have the greatest impact on our future choices. For example, working on organisational skills, being punctual both to class and handing in work, attempting each task with a growth mindset, learning to do our best in a range of different conditions can all help us grow in confidence and step up to challenges and opportunities that are presented to us. Being an active participant in their learning, is what we hope to instil in all students at TSC. If they have any questions about what lies before them, they need only ask.

Kate Pristov and Kerry McCormack
Learning Specialists

Year 12 Class of 2023



Daniel Lyall - I like cricket, hunting, playing games. I like to go out camping and spending time with friends and family. I watch a lot of F1 and most other sports. I sometime help out on farms when I can. I am looking forward to completing Year 12.

MUSIC

"That was when I realised that music is the most profound, magical form of communication there is."

- Lesley Garrett

Thank you once again to our musicians for their work this week! Students are continuing to show their dedication, hard work, and improvement on their instruments and artistic craft. The PAC, as always, has been full of sound, actors/ actresses, and positive energy.

The long-awaited repair of our black baby grand piano is set to begin this week! For those who do not know, our baby grand piano has been part of the music program for over 16 years and has assisted countless students on their musical journeys. 16 years of consistent use takes its toll and a rebuild was the only option available- the piano will be ready for the upcoming Summer Concert. I would like to thank school leadership for enabling this to happen; this will ensure that the piano provides many more years of service for countless students in the future. As the holidays draw near, students need to be aware that their music lesson will continue into Term 4 at the same time as Term 3. If a lesson time needs to be changed (due to a clash with a class) or cancelled, parents need to email Mr McKee in writing before the end of Term 4. I encourage students to make sure that they commit to a regular practice routine over the upcoming break so that they can improve their confidence and the quality of their playing. This is especially important for those students in the upcoming November 14th Summer Concert. As always, I encourage students, parents/guardians to speak to myself if there are any music related concerns or questions.

With gratitude and kindness as always,

Rhys McKee

Music Program Coordinator

From the Wellbeing Team

Asthma Week 1st-7th September

Young People With Asthma – 12-24 Years

We know it ain't easy being wheezy!

Asthma affects 2.7 million

Australians and of those, 300,000 are youth, shown to have double the risk of experiencing mental health issues, in comparison to their peers without asthma.

People with asthma no matter what age, face a variety of challenges when it comes to health and wellbeing.



**ASTHMA
AUSTRALIA**

If you or someone you know is experiencing family violence, help is available at:

1800RESPECT

NATIONAL DOMESTIC FAMILY AND SEXUAL VIOLENCE COUNSELLING SERVICE

**RESPECTFUL
RELATIONSHIPS**



Like all people with asthma, young people with asthma face direct physical impacts of their condition, as well as social, psychological, and functional impacts, often heightened by developmental challenges posed by adolescence.

A survey on youth and asthma conducted as part of the National Young People and Asthma Strategy (NYPAS) highlighted a few areas of concern for people with asthma aged between 12- 24 years, including:

- Most young people (63%) had poor asthma control, with 90% of young people reporting experiencing shortness of breath at least once a week in the last four weeks.
- This leads to a broader impact on their quality of life, with 56% of young people reporting asthma hinders their enjoyment of life to some degree.
- 42% of young people had to miss school, university, TAFE or work in the previous 12 months because of their asthma.
- Only 60% of young people reported taking their preventer medication every day and only half had a written Asthma Action Plan
- 12% of young people reported they currently smoked.

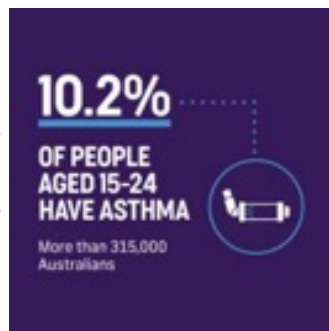
There is support for young people with asthma in every age group to live their life, to breathe easy. Not just to live, but to have a full and empowered life, striving for goals and achieving them. A life without limits. We want to get young people talking about asthma, we want to create awareness and educate young people on the seriousness and complex nature of asthma. We want all people with asthma to feel confident in their asthma management.

HAVE A WRITTEN ASTHMA ACTION PLAN

A written Asthma Action Plan can help you manage your asthma every day and help you to recognise when your asthma is getting worse. Your doctor can complete or update your written Asthma Action Plan to ensure your asthma is controlled.

Please provide any updated plans to the school to provide the best support for all.

<https://asthma.org.au/>



Student Leadership Team



Join us for the Inclusive Colour Run Celebration during RUOK Week!

We are thrilled to announce a vibrant and meaningful event that will bring our school community together like never before! As we approach the end of this term and coincide with RUOK Week, we are excited to introduce our Inclusive Colour Run Celebration, where unity, support, and wellness take centre stage.

Date: Friday 15th September

Location: TSC school oval

The Colour Run will not only mark the culmination of a successful term but also align with the values of RUOK Week, emphasising the importance of open conversations about mental health and fostering inclusivity in all aspects of our lives.

Why an Inclusion theme?

At TSC, we believe in celebrating diversity and creating an environment where every individual feels valued and heard. Our Inclusive Colour Run is a symbol of this commitment, reflecting the beautiful tapestry of backgrounds, talents, and perspectives that make our school community truly special.

Students will need to bring a white shirt, an old pair of shorts, shoes, goggles/sunglasses and a towel. Full school uniform is expected, and time will be given to change into their white shirts and running attire. Students will be able to opt to run or avoid the colour stations throughout the course. The house with the most laps will win the event. If travelling home on the bus, students will need to get dried off and changed before the end of school.

The following community agencies will have stalls at lunch promoting inclusion – Tallangatta Health, Tallangatta Police, Junctions Support Services, Gateway Health and Koori Education services.

The SLT team & Mrs Hamilton

This weeks newsletter was compiled by

Kitty Pennington, Kitty Cropper, and Tilly Pearson



Thankyou!



BOLGA FEST

A Short Film Festival

This year's theme: GASP!

A gallery of short films
created and produced
by students and
teachers of Tallangatta
Secondary College

Tallangatta Memorial Hall
Wednesday 11 October

6:30 for 7pm start

Semi Formal Attire

\$5 for single

\$15 for a family

Mocktails - Finger Food
Audio and Light Show - Digital Art Projections
Bolga fest Awards

INCLUSIVE COLOUR RUN

FRIDAY 15th SEPTEMBER

The TSC Inclusive Colour Run is an event where students will run around a course designed with obstacles and different activities to help promote happiness and healthiness and raise an understanding of mental health.

EQUIPMENT TO BRING FOR THE DAY



- **White shirt**
- **Old pair of shorts**
- **Appropriate footwear**
- **Towel**
- **Sunglasses/goggles**
(OPTIONAL but strongly recommended)
- **Plastic/reusable bag**

Community service providers (VIC Ambulance, Tallanagatta Police, Junction Support Services, Koori Education Services and Gateway Community Health) will host lunchtime stalls and will join in on the colour run.

**Lunchtime BBQ will be available.
Gold coin donation required.**

THIS IS NOT A CASUAL CLOTHES DAY



Education Support Traineeship 2024

Tallangatta Secondary College is now seeking applications for an Education Support Trainee for 2024.

This unique opportunity is open to all Year 12 students currently studying in 2023.

Position Highlights:

- Gain valuable education and experience in a professional organisation
- Prepare for future university endeavors while working in a supportive environment
- Tailored Certificate III or IV program for the successful applicant
- Collaborate with experienced educators and staff
- Contribute to the growth and development of students in a dynamic educational setting

Application requirements:

- Current and up to date resume
- Three references with their contact details
- One page document outlining what you hope to achieve whilst at Tallangatta Secondary College and how you intend to use your experiences in the future

Applications close 9am Friday 22nd September 2023

For further information please contact:

Hannah Perry

Hannah.perry@kestrelrecruitment.com.au

Ph: 0488 019 496

Kiewa Tennis Club

Players wanted for a Senior Social Team

All very welcome!

K&TDTA Summer Season Oct - Mar

Play - Sat afternoons/ Fri evenings

RSVP your interest by: Tuesday 5th Sept

For more information about the upcoming tennis season please call Jo on 0466467644

Kiewa Tennis Club Junior Tennis

We welcome new players! 😊

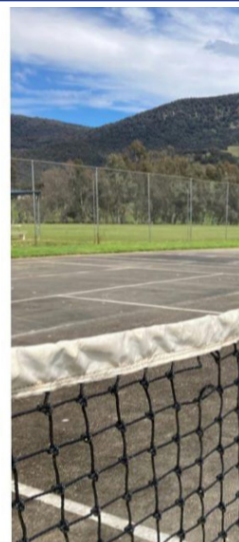
Come and try it & meet our Coach

When: Tuesday 5th September

Where: Kiewa Tennis Courts

Time: 4:15 - 5:15pm 12 and under
5:15 - 6:15pm 13+

For more information about the upcoming tennis season please call Jo on 0466467644



Tallangatta Secondary College

Year 12 Fundraiser
'PULL YOUR SOCKS up!'

In Term 4 we are hosting a 'SILLY SOCK' day on Thursday 5th of October 2023.

In the meantime, help us raise money for the Year 12 graduation by purchasing some fun socks through our online fundraiser. We will receive \$2 from every pair of socks sold.

Orders open:
Friday 4th August, 2023

Orders close:
Friday 15th September, 2023

SOCKABLE Fundraising

SUPPORT OUR FUNDRAISER
in 5 Easy Steps



SCHOOL HOLIDAY TENNIS COACHING GEORGES CREEK TENNIS CLUB

Located at Old Tallangatta
MARGARET COURT TENNIS COACH

19TH SEPTEMBER
21ST SEPTEMBER
10.00AM - 12.00PM

\$10/DAY

CONTACT SHARON MCKIMMIE 0428195990

MEGAN PETERKIN 0433115411

TO REGISTER by 15th SEPTEMBER

This event is proudly supported by
Towong Shire Council

